



Disney
Junior



My name is _____

I'm _____ years old.

So Much You Can Do... To Take Care of YOU!

Wash Your Hands

Brush Your Teeth

Get Rest

Move Your Body

Eat Healthy Foods

Drink Water



Disney
Junior

SING ALONG! Time for your check-up! Time for your check-up!

I'm gonna check your ears • Check your eyes

Find out how much you've grown • Time for your check-up!

I'm gonna listen to your heartbeat • Fix you up ready to go

Time for your check-up! It's okay if you giggle • This will only tickle a little

Time for your check-up! Time for your check-up!



Draw Your Toy



Move Your Body & Sing Along!

Stretch and flex

Stretch and flex

Let's get better

Stretch it out together now



Get ready for action

Reach up high

Take it to the sky and down

To get ready for action



If your knees are wobbly

Head's a little bobbably

A bit of stretching's all you need

Ready steady GO!



Let's rock it

We'll be unstoppable

And ready for action



I'm ready for action

Are you ready for action?

We're ready for action.



We Have A Diagnosis!

Today you learned there is so much you can do to take care of you!

Trace the dotted lines to help Doc match each problem with the best way to take care of it!



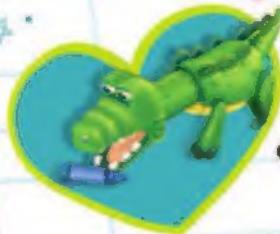
Dirty Hands



Tired and Cranky



Hot and Thirsty



Hungry



A bowl of fruit



Bed



Soap



A cup of water



Help Doc Find Her Friends!

START
HERE



FINISH!



CHILLY



THE DOC MOBILE



Your Toy's Check-Up Check List

Dr. _____

Child's Name

Toy's Name



MEASURE

Use the scale and growth chart to measure the toy's height and weight.

LOOK

Use the otoscope to peek into the toy's eyes and ears.

LISTEN

Use the stethoscope to listen to the toy's heartbeat.

TAP

Use the reflex hammer to test the toy's reflexes.

CHECK

Use the pressure cuff to check the toy's pressure.

Great Job!

Disney
Junior



Certificate of Achievement GREAT JOB!

Dr.

Write Child's Name Here

Doc McStuffins gives her toys check-ups so
they can stay happy and healthy. Today
you gave your toy a check-up!



Write Toy's Name Here

Disney Junior